



## 5 Tips to Navigate Your Career

### *Dog ate my paycheck and other sage advice*

Are you ready for your next career move but don't know where to look? Do you feel you are stuck in a rut or that your paycheck is evaporating - maybe the dog ate it? Pat Welch, the co-founder of Boly:Welch, an Executive Search, Recruiting, Staffing and HR Consulting firm, spoke at a recent event. Here are a few pearls of wisdom she shared:



#### 1. Figure out what you want.

If you don't really know, write down all of the things you like doing and those you don't.

If that doesn't clarify things, then work with a career or life coach. This can be a really valuable way to explore your options and then take action.

#### 4. Connect with recruiters before you need them.

Once you know what you want, let the recruiter know. You should also tell them that although you are not looking right now, if they do come across your dream job, you'd definitely be interested.

#### 5. Not everyone finds their dream job

Another pearl she offered the group is that not everyone gets their dream job. But she feels that:

- Happiness is not always about getting what you want, but it is about wanting what you have.
- Something in every job can bring you joy.
- If you want a certain job, just start doing it, help with it, or just learn allot about it, so you can eventually move into it.
- If you are bored, find ways to challenge yourself. Get better at your job. Be noticed for it. People will seek you out.
- If your job still isn't challenging, then take up a foreign language or learn to play an instrument.

#### 2. Who wants to hear about you?

Once you know what you want, then consider what person in what company might want to hear from you. Then you can say this is what I want, why I could work for you, and how I would be a fit for your organization.

#### 3. Network!

What did she say was the #1 way to advance your career? **Networking!** So get out and meet people. Build relationships. Be known for what you do.

When you are ready to move, find people who work for firms you would love to work for and ask for an introduction.

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